

## DEPARTMENT OF PSYCHOLOGY

### Invited talk on Bystander Intervention

**Date- 16/08/2024**

On August 16, 2024, the Department of Psychology hosted an Invited talk on 'Bystander Intervention' designed to educate and empower students in effective intervention strategies during critical situations. This event featured esteemed resource persons, Ms. Nasma Hassan, Founder and Director of Spotlight, and Adv. Aswathy Krishna, Assistant Legal Advisor of Spotlight. The session aimed to enhance student awareness and involvement in addressing abuse and violence.

#### **Program Details**

##### ***Attendees:***

HOD Rev. Fr. Varghese K.P, Department faculties Ms. Reshma K.S and Ms. Neeha M.D, and students from the 1st, 2nd, and 3rd year Psychology classes.

##### **Keynote Presentation by Ms. Nasma Hassan**

Ms. Nasma's segment emphasized the importance of evolving mindsets to become effective bystanders.

Topics Covered:

Power Dynamics: Recognizing and understanding the dynamics at play in various intervention scenarios.

Empathy and Responsibility: Encouraging proactive and empathetic responses in cases of sexual harassment, abuse, and violence.

Action Strategies: Practical advice on how to intervene effectively.

##### **Legal Insights by Adv. Aswathy Krishna**

Adv. Aswathy Krishna provided an overview of the legal aspects related to bystander intervention.

Topics Covered:

Good Samaritan Law: Explained the legal protection for bystanders who assist victims, clarifying the scope of immunity from legal repercussions.

Legal Recourse: Discussed options for victims and bystanders, including filing complaints and seeking legal aid.

Navigating Risks: Addressed potential legal risks and the proper legal framework for intervention.

## Interactive Q&A Session

The session concluded with an interactive Q&A segment where students actively engaged with the speakers. The discussion covered various topics, including strategies for supporting friends or strangers in need, understanding and addressing trauma bonding in relationships, and the importance of utilizing reporting mechanisms such as cyber complaint cells like SHE BOSS and internal committees for addressing sexual harassment in organizations.

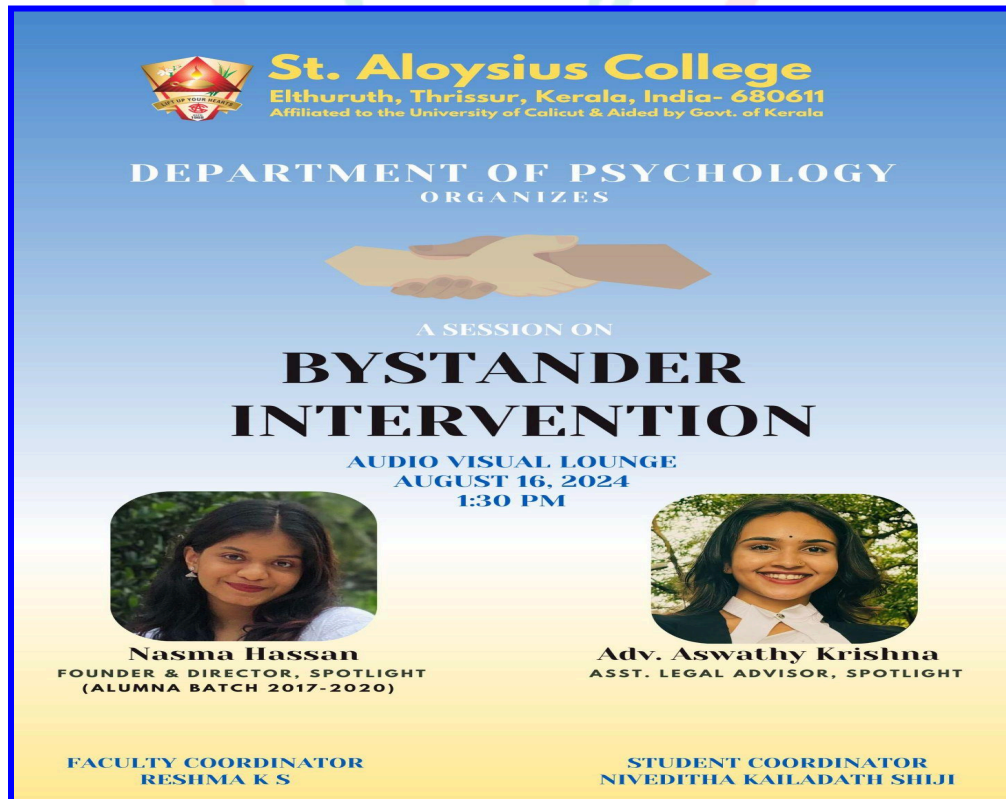
## Program Highlights

**Educational Impact:** The session provided valuable knowledge on how to become proactive bystanders and understand the legal and emotional aspects of intervention.

**Interactive Learning:** The Q&A session facilitated practical learning and provided clarity on complex issues related to bystander intervention.

**Legal Awareness:** Detailed insights into legal protections and the responsibilities associated with intervention enhanced participants' understanding of their role.

Overall, the 'Bystander Intervention' session was both educational and engaging, providing students with valuable insights into effective intervention and legal protections. The program concluded with expressions of gratitude to the speakers for their expert guidance and to the attendees for their participation, marking the event as a significant step toward fostering a more empathetic and proactive community.





**St. Aloysius College**  
Elthuruth, Thrissur, Kerala, India - 680611  
Affiliated to the University of Calicut & Aided by Govt. of Kerala

DEPARTMENT OF PSYCHOLOGY  
ORGANIZES

A SESSION ON  
**BYSTANDER  
INTERVENTION**

AUDIO VISUAL LOUNGE  
AUGUST 16, 2024  
1:30 PM

  
**Nasma Hassan**  
FOUNDER & DIRECTOR, SPOTLIGHT  
(ALUMNA BATCH 2017-2020)

  
**Adv. Aswathy Krishna**  
ASST. LEGAL ADVISOR, SPOTLIGHT

FACULTY COORDINATOR  
RESHMA K S

STUDENT COORDINATOR  
NIVEDITHA KAILADATH SHIJI



